

Monday May 13	Tuesday May 14	Wednesday May 15	Thursday May 16	Friday May 17	Saturday May 18	Sunday May 19
Barbell Burn 9:00 Megan	Interval Burn 9:00 Stacy	Barbell Burn 9:00 Megan	Interval Burn 9:00 Stacy			
	Yin Yoga 10:15 Julie	Zumba 10:00 Lilia	Vinyasa Flow Yoga 10:15 Julie	Zumba 10:00 Lilia	Functional Strength 11:00 Heather	
	Vinyasa Flow Yoga 12:00 Julie		Yin Yoga Yoga 12:00 Julie			
Yin Yoga 6:30 Julie		Vinyasa Flow Yoga 6:30 Julie	Functional Strength 6:00 Heather			



